



National **Reiki Retreat 2010**
& **Shinpiden Level III**
Teacher Course

VENUE:

Mission Beach,
North
Queensland,
Australia

DATES:

Retreat
12th-17th June

Shinpiden
17th-20th June

Join us for the
National Reiki
Retreat, the
Shinpiden Reiki
III Teacher
course, a
holiday on the
Great Barrier
Reef or all
three.

**WITH FRANS AND BRONWEN STIENE OF THE
INTERNATIONAL HOUSE OF REIKI**

Join Reiki practitioners from all over Australia in one of the country's most magical spots... the tropical eco-Sanctuary Retreat of Mission Beach, North Queensland.

The International House of Reiki has put together a wonderful 4 day/5 night National Reiki Retreat for Reiki practitioners of all lineages and Reiki schools.

Not only can you enjoy the Retreat but, if you are a Level II or III practitioner, you can stay on for an extra 3 nights and enter the world of Shinpiden Level III, International House of Reiki style!

This means **support**,
professional training
and an **excellence in Reiki re-
search!**

Read on...



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NATIONAL REIKI RETREAT 2010

All Reiki levels & schools welcome! †
12th -17th June 2010
4 days/5 nights

Take time out in 2010 to relax with the National Reiki Retreat

You arrive at the Sanctuary Retreat in Mission Beach on Saturday the 12th June. You then take part in the National Reiki Retreat on Sunday, Monday, Tuesday and Wednesday and leave on Thursday the 17th.

PS: If you are a Reiki Level II or III you can stay on to take part in the Shinpiden Level III Reiki Master/Teacher course on Thursday, Friday and Saturday and then you leave on Sunday the 20th.

Why hold a National Reiki Retreat?

We have seen how wonderful it can be when Reiki people come together. It has inspired us to work harder to be a part of a Reiki community where we are kind and welcoming to each other. So, we decided to create the first National Reiki Retreat back in 2008. We are now following the successful 2008 and 2009 retreats up with the National Reiki Retreat 2010. We believe such events create a wonderful precedent for the system of Reiki in Australia. Be a part of it! Photos in this brochure are from our past National Reiki Retreats in Mission Beach. Why not read these articles from the participants:

<http://www.reiki.net.au/news.asp?id=150> <http://www.reiki.net.au/news.asp?id=198>

Arriving and Departing

If you wish to stay on at Sanctuary Retreat (outside taking the Shinpiden Course) by, for example, staying after the Shinpiden Course or arriving earlier or staying after than the National Reiki Retreat then you can organise accommodation directly with Sanctuary Retreat yourself. See details further on in the brochure.

“Thanks once again for putting together a really wonderful retreat. I'm looking forward to next year's!”

*Jason, 2009
Retratee
Australia*

What can I expect from attending?

The Retreat will:

- ✓ Help you continue your self-practice routine and strengthen it
- ✓ Get you back in touch with what it means to be a Reiki practitioner or simply support you at your current stage of energetic development
- ✓ Give you a fresh viewpoint on the system of Reiki from a Japanese perspective including the energetic system at its foundation
- ✓ Offer you support through Retreat teachers Frans and Bronwen Stiene
- ✓ Allow you to spend time developing friendships with those with similar interests
- ✓ Connect you with nature at its most beautiful and natural with the sea, sand and rainforest at your fingertips
- ✓ Give you the opportunity to be a part of the coming together of the Reiki community in Australia

What is Sanctuary Retreat?

Sanctuary Retreat is an affordable accredited rainforest eco-lodge at Mission Beach, North Queensland, Australia, half way between Townsville and Cairns. Set on 18 hectares of lush tropical rainforest overlooking the Coral Sea! Regular buses from Cairns bring you to Mission Beach (see How to get To Mission Beach for more information).

Sanctuary Retreat offers secluded beaches, unique tropical accommodation, beautiful practise room, swimming pool, delicious cuisine, native wildlife and NO televisions - yeehah! The climate at this time of year is perfect. Hot and dry in the day and cool in the evening.



Typical day at the National Reiki Retreat

The 4 day National Reiki Retreat consists of working with Reiki on yourself and with your fellow Reiki retreatees for 2.5 hours each morning and afternoon (a total of 5 hours a day).

There is a long siesta break each afternoon giving participants the chance to discover their natural environment - whether you are searching out the native cassowary, swimming at the secluded beach or pool, or walking through the tropical rain-forest.

Hey! Why not just grab a book and a hammock and just relax!

NEW Aboriginal Spirituality Retreat Option

We are aiming at having an optional 4 hour mid-day trip on the last day of the retreat. On this day the retreat will begin a little earlier and start a little later after lunch. In between a local aboriginal elder will take us on a journey to areas of cultural and spiritual significance. Lunch included.

You can book into this option closer to the retreat if you wish to join us. An extra cost will be incurred.

EXPECTATIONS!



Here's an idea of what you might expect during on of the Retreat days...

7am - Wake up early with the birds and go for a dip or a long stroll along the beach.

8-9am - Breakfast at the Sanctuary Retreat restaurant or throw together your favourite muesli (that you brought along with you) in the communal Kitchen.

9-11.30am - Come together in the main Reiki Room (in amongst the rainforest) and be guided by Frans and Bronwen Stiene through practices for the self and others -working with the system of Reiki. (see Subjects Covered at the National Reiki Retreat)

11.30am-1pm - Lunch in the delicious, yet reasonably-priced, restaurant or create your own lunch from your own supplies in the communal kitchen.

1pm-3pm - Take off and discover the local wildlife, grab a native bird list, observe the wild Cassowary in their natural environment,

take another dip in the pool, build sand castles, chat with your new Reiki friends, or take a nap in your rainforest hut or canopy cabin and listen to the birds.

3pm-5.30pm- Resume the Reiki Retreat with Frans and Bronwen Stiene and enjoy not only working with others, but creating change in your life with Reiki in this magical environment. (see Subjects Covered at the National Reiki Retreat)

5.30-6.30pm - Watch the sunset from your evening stroll on the beach or a quiet bench in the rainforest.

6.30pm Join together with your Reiki friends to feast in the restaurant around a hand crafted wooden table and discuss your Reiki journey past, present and future.

Don't forget you can also make your own dinner in the kitchen if you prefer.

You might want to join a Guided Night Walk through the rainforest with some new Reiki friends or just keep chatting and snacking until your eyes start to droop and you wind your way back through the quietude of the rainforest to your hut or cabin.

Goodnight, sleep tight!



Subjects covered at the National Reiki Retreat

The balance between practical experiential work and discussion groups at the Retreat will be just right.

You will come away from the Retreat relaxed and renewed with a stronger will to continue your practice after this wonderful in-depth energetic experience.

We aim to support your clarity regarding what you do, how you do it and why you are doing it.

You will not only spend time developing your own inner Reiki connection but will be working with others as well.

Due to the amazing environment that we find ourselves in we will also be utilising the natural elements to bring us closer to the flow of Universal Energy.

There will be many opportunities each day for questions and answer sessions and if you feel the need to practice Reiki treatments with friends outside the official retreat hours and scheduled subjects, we encourage you to take advantage of the wonderful natural environment to do so.

Self-Development

- ✓ Japanese meditation techniques (approx. 45 minute sessions)
- ✓ The power of sound with Japanese mantras
Integrating the Reiki Precepts meditations
- ✓ Practices to connect with your True Essence
- ✓ Connecting to the natural (rainforest) elements using Reiki

Working with Others

- ✓ Learn alternative methods of working with energy to heal
- ✓ Perform Reiki treatments

Group Discussions

- ✓ How to get the most out of your personal Reiki practise
- ✓ The Japanese roots of the system of Reiki
- ✓ Discussing the Japanese energetic system of the Three Diamonds
- ✓ The Reiki Precepts in your Life walking through the tropical rainforest.

(Different techniques are practised each year at the retreat as well as focussing on known practises)



Intensive SHINPIDEN LEVEL III REIKI TEACHER COURSE 2010

Level II and III students welcome! †

17th-20th June 2010

3 days/4 nights


Take time out in 2010 to relax with the National Reiki Retreat

After completing the National Reiki Retreat... instead of having to tear yourself away on Thursday the 17th (and only if you are a Reiki Level II or III) you can take part in the Shinpiden Level III Reiki Master/Teacher course on Thursday, Friday and Saturday and then you won't have to leave until Sunday the 20th. Phew! This will be a week to remember!

PS: You will have to attend the Retreat if you wish to take part in this special Shinpiden course.

The Shinpiden Level III Reiki Master/Teacher course of your lifetime!


- ✓ This course takes you deep into your personal place of healing and experiential understanding
- ✓ The teacher, Frans Stiene, is an internationally renowned teacher, author and researcher of the system of Reiki and is there to guide and support you
- ✓ Study the intellectual and practical elements of the system of Reiki from a Japanese perspective such as the Japanese shirushi (symbols) and jumon (mantras), the traditional Reiju (attunements) and their connection to Japanese philosophies
- ✓ Discover the origin of Reiki's spiritual nature
- ✓ Receive manuals for all Reiki levels to use for your students
- ✓ Take home a Usui Reiki Ryoho Shinpiden Master/Teacher Certificate from the International House of Reiki
- ✓ Become a part of the International House of Reiki student community



Find out all about our Shinpiden courses

<http://www.reiki.net.au/copy.asp?id=CourseThree>

For more information about the type of Reiki we teach – Usui Reiki
Ryoho: <http://www.reiki.net.au/copy.asp?id=BenefitsBranches>




Our students love our courses for a variety of reasons - we believe because they are fresh and come from a space of true experience and factual research. Here are some things our students have said:

You have uncovered the beautiful harmony of the system of Reiki.

Matti Tappinen, Finland (Shinpiden)

I love and respect my previous teachers very much ... but it was Frans that showed me the truth and the depth about Reiki.

Sundar Kadayam, USA (Shinpiden)



The depth of understanding that the Stiene's bring is a very valuable guide to one's

personal journey into the mystery of Reiki.

Tom Schulte, Canada (Shinpiden)

I had waited so long for this course... It is everything I wanted and much, much more.

Sara Saund, UK (Shinpiden)

This gave me the missing link to understanding the true spirit and intent of Reiki. A must for those who wish to internalize and go deeper into their practice of Reiki.

Lisa Larsen, Canada (Shinpiden)

In all my dealings with Frans and Bronwen, and the International House of Reiki, I have felt nothing but the unconditional love and support you tend to associate with

close family. Frans and Bronwen are wonderful role models for anyone new to the world of Reiki, and I feel they capture the true essence of the history and sacredness that goes hand in hand with this wonderful methodology of energy healing.

Paul Dunn, Australia (Shinpiden)

Cost & Accommodation

“Thank you for bringing the teachings, the heart, and soul of the system of Reiki.

Your masterful teaching that combines story, humor and simplicity has led me to a deeper understanding and fuller experience of my original nature and the universe, the compassion that drives life.”

*Gayle,
2009 Shinpiden
graduate USA*

RAINFOREST HUTS

The Rainforest Huts offer a close experience of nature. Built on stilts in the heart of the forest, with a boardwalk seating area, they are simple yet comfortable, with a bed(s), light, ceiling fan, screened walls and weather-proof curtains.

These have shared showers and toilets in the Longhouse between 10 and 70 metres away. Level I, II and III Students of the International House of Reiki should enquire directly for a price list (stating their Level) as they receive a discount off Retreat pricing.

Retreat + Sleep

(4 days and 5 nights)

- ➔ Twin Share \$655
- ➔ Single \$830

Retreat + Shinpiden + Sleep

(7 days and 8 nights)

- ➔ Twin Share \$2885
- ➔ Single \$3030

STUDENTS OF THE INTERNATIONAL HOUSE OF REIKI GET DISCOUNTS!

CALL 1800 000 992 FOR MORE DETAILS.



Cost & Accommodation

“I will change the way I teach Reiki forever! You have enabled me to change my focus to spiritual practice rather than "doing Reiki".”

*Bill,
Shinpiden
graduate USA*

CANOPY CABIN

The Canopy Cabins are a more deluxe experience. Again on stilts, but with solid walls and glass, they have queen beds in the studio style bedroom and lounge, polished wooden floors and hand-crafted furniture.

The en-suite has a stunning view from the shower, with the exterior wall made from clear glass. A private verandah has a table and chairs looking out to the forest.

Retreat + Sleep

(4 days and 5 nights)

➔ 1 person sharing (double bed) *Booking must be made with partner* \$902pp

➔ Single (double bed) \$1205

Retreat + Shinpiden + Sleep

(7 days and 8 nights)

➔ 1 person sharing (double bed) *Booking must be made with partner* \$3000pp

➔ Single (double bed) \$3600

STUDENTS OF THE INTERNATIONAL HOUSE OF REIKI GET DISCOUNTS!

CALL 1800 000 992 FOR MORE DETAILS.





Meals

Meals are not included in these prices. Delicious cuisine (including yummy vegetarian) is available at the Sanctuary Retreat restaurant and a communal kitchen is also available if you prefer to cook for yourself.

Vegetarians are very well-catered for at the Sanctuary. The evening menu will always feature three vegetarian main dishes and throughout the day salads, wraps and all manner of delectable meat-free items for vegetarians are served.

There is no need to bring your own food as the Sanctuary in-house restaurant serves excellent food for all tastes, as well as fruit, muffins and snacks from the bar. Freshly made, delicious food is available for breakfast, lunch and dinner from 6.30am to 8 pm with reasonable prices.

However, you are more than welcome to bring your own food if you wish and there is a well-equipped self-catering kitchen and dining area located on the lower floor of the Longhouse. Communal fridges are provided for guest food and storage boxes for each hut and cabin. There is a small supermarket in Mission Beach and a delightful health food shop.



Drinks

There is a bar and it is well stocked! The entire Sanctuary longhouse, including the self-catering area is a licensed premises and therefore not BYO, though you may consume your own alcohol anywhere else on the premises including your room.

Facilities

There are no fridges or tea & coffee making facilities in any of the huts at the Sanctuary, although there are communal fridges for guest food and all necessary equipment for cooking and hot drinks located in the self-catering kitchen on the lower floor of the Longhouse. Guests are encouraged to refrain from keeping any food in their rooms as the nocturnal forest dwellers love nothing more than a midnight feast and will eat through most things. Without food as a temptation of course, they have no intention of sharing your room.

Hairdryers are not provided though there are plenty of power points in the bathrooms if you want to bring your own. There is no television at the Sanctuary. Generally guests appreciate the chance to unwind and get away from the rest of the world for a bit. Come and rediscover the art of conversation! Luxuriate in the opportunity to curl up on the sofa and read a book in peace for once, or if you really do crave excitement, we have a solid collection of board games to tax the intellect and feed the competitive spirit (no Twister though - it's banned).

Getting Around

Sanctuary is located on top of a hill and yes, a four-wheel drive takes a very steep road to transport you and your luggage to the top of the ridge on check-in. The beautiful walking trails which link Sanctuary to the beach and the outside world are less steep, but still steadily climbing! Anyone with an average level of fitness should be able to handle all the paths and the forest walk, the key is not to hurry and you have all the time in the world here!

Walks

For walkers there are a number of beautiful National Park trails in the area, featuring different types of rainforest and beach trails. One walk starting at South Mission is called the Kennedy Track, which features secluded beaches, coastal views and lowland rainforest. You can pick up a map of walking tracks from reception.

From the closest beach to Sanctuary (Brookes Beach), you can follow the beach to the far end and take a short rainforest track across to Bingil Bay and from there, another walk to the end of that beach will take you to the entrance of Clump Mountain National Park and the lovely, scenic rainforest walk up Bicton Hill to the lookout over the coast of Mission Beach and surrounding islands, this trail climbs up a hill but meanders making it quite gentle. The rainforest trails within Sanctuary nature are relatively shorter and steeper.

Linen and Towels

- ✓ All linen is provided at Sanctuary. Towels are provided in the Canopy Cabins and can be rented by Rainforest Hut guests for a nominal fee (\$1.50).

Powerpoints

- ✓ There are lights in all the accommodation, but only the Canopy Cabins have power points. Guests housed in the Rainforest Huts are welcome to use the power points in the Longhouse for recharging appliances.

Views

- ✓ You get beautiful rainforest views! All the huts and cabins are in the heart of the rainforest and even though high up on a hill, the canopy is too dense for a view to the sea. A stunning view of the Coral Sea over the rainforest canopy is from the Longhouse deck where we recommend relaxing at a table with a coffee and muffin at any time of the day.

Weather

- ✓ May to August are the coolest months of the year, when we experience warm, dry, sunny days of around 25°C and cool nights of 16°C. day.

Internet and Phones

- ✓ There is Internet access, a public telephone available in the Longhouse and complete mobile (cellular) phone coverage for those on the Telstra network, others still have limited reception.
- ✓ Guests are asked to refrain from using mobile telephones in the Longhouse and by the pool to retain the tranquility of Sanctuary. For your convenience international and local phonecards are available for purchase at Reception.



Retreat Organisers and Teachers

Your hosts and teachers for the National Reiki Retreat are Frans and Bronwen Stiene. They are the founders of the International House of Reiki.

Frans and Bronwen are also the authors of such internationally acclaimed books as *The Reiki Sourcebook*, *Your Reiki Treatment* and *The Japanese Art of Reiki*. In conjunction with Sounds True Bronwen also released the CD, *Reiki Meditations for Self-Healing*, in 2008. Frans and Bronwen will be facilitating the retreat and Frans will be teaching the Shinpiden course. They teach in Australia, North America and Europe and their main interest in the system of Reiki is from the Japanese perspective. You can find out more about them from their website www.reiki.net.au.

How to Book



To Book into the National Reiki Retreat and/or Shinpiden Level III Reiki Teacher Course call us on 1800 000 992. You can also pay effortlessly online at <http://www.reiki.net.au/copy.asp?id=shopretreat>

We look forward to receiving your booking! You will receive an email confirmation from us as confirmation. Your Retreat must be booked and paid for 30 days prior to the Retreat (12th May, 2010). We recommend booking early in order to get the room that you require. Choice of accommodation will become limited the closer we are to the Retreat. If you have any questions don't hesitate to contact us.

Things to bring with you

Some things that would be good to bring with you are:

Shoes or boots for walking

Sanctuary is in the middle of 50 acres of hilly rainforest and there are a couple of kilometres of walking trails through the forest to explore. The Sanctuary 4WD will pick up and return you and your luggage from the carpark or bus stop. At other times there is a beautiful 600m walk through the rainforest to the carpark and beach.

Towels

All linen is provided at Sanctuary with the exception of towels in the Rainforest Huts, though these can be hired for an additional charge. Sanctuary has its own fresh water supply and waste water treatment plant, so water conservation is important here.

A torch

The paths leading to the accommodation are lit at night but it is low-level lighting only so a small hand-held torch is required. Sanctuary has torches to rent for a nominal fee but if you have one then bring it along. Also handy for a bit of night wildlife spotting or a moonlit beach visit.

Food

As there is a communal kitchen at the Sanctuary Retreat you can bring anything you like to cook up and eat. We'd recommend bringing along your favourite drinks like teas or coffees and if you like your breakfast cereal. You can cook all three meals yourself or none. The restaurant is open all day for breakfast, lunch and dinner so you don't have to bring anything if you don't want. There is a lovely health food store in Mission beach which you could drop by when you arrive on Saturday to stock up on yummy snacks.

Mosquito Repellent

Make sure you bring some mosquito repellent along with you just in case those blighters come out to get you!

The Surrounding Nature

Where's the beach?

The beautiful Brook's Beach is located 100m from the carpark and 700m from the accommodation.

Roughly a 10 minute walk down through the forest trail from your hut or cabin.

Stinging jellyfish are a concern during the months between December and May each year and you shouldn't enter the coastal waters without protective clothing during this period. Luckily this will not concern us.

Crocodiles are a native to the area but tend to be restricted to estuaries. Sharks are native of the sea and so will be out there somewhere, though dangerous sharks are incredibly unlikely in this relatively shallow reef fringed area. There has never been any crocodile or shark attacks in this area. In fact- to put it in perspective - you are more likely to be run over by a London bus, than be attacked by either creature during your stay!

Am I likely to see a Cassowary and what do I do if I do see one?

Quite probably. Sanctuary is home to an adult male and female couple, plus variously aged offspring that are tolerated by the adult birds and come and go over time. Usually we see a Cassowary wander past the main building each day and its from here that's the best vantage point. They won't come inside so you can observe them from a distance of a few metres away, which you couldn't do in any other setting other than a zoo. If you happen to encounter a Cassowary in the forest, then you should endeavour to keep a distance of at least 20 metres between you and the bird.

Cassowaries have an unwarranted reputation for being aggressive, but this is mainly because that being such big, territorial creatures, people are scared of them. Having said that Cassowaries have the physical means to protect themselves if they feel threatened so the best

course of action is not to make them feel threatened. *A full grown female Cassowary can be 2 metres high and 80 kg in weight* (the males are a tad smaller) so it's a considerable presence that might be walking towards you. In this case, the Sanctuary Retreat Cassowary best option is to give way to the Cassowary, get off the trail that they might be walking on and stand behind a large tree. Cassowaries have notoriously bad eyesight, so it's not hard to evade their attention. Keep in mind that you are in Cassowary territory and that they have been here for a lot longer than we have, so even if it takes a while, give the Cassowary all the respect it deserves. They truly are remarkable creatures. And this is probably the best place in the world to observe them in their natural environment.





Getting to Mission Beach and Sanctuary

Mission Beach is made up of four beachside townships, over about 16 kilometres (across the beaches and about 1 1/2 hours) or by local bus and foot, about 40 minutes. The Sanctuary courtesy vehicle also makes about 2-3 trips a day into Mission Beach and you're welcome to hop on for a lift if there is room.

The Sanctuary Retreat will pick you up from the centre of Mission Beach (you must book this) or you can get a taxi, but you will need to organise your fly, drive or bus to Mission Beach. Below are some of the easiest ways to get to Mission Beach from wherever you are in Australia. **It is essential that you let The Sanctuary know how and when you will be arriving at the retreat.** Please arrive during daylight anytime after 10am on the 12th. There will be a welcoming get-together of all participants at 6pm on the 12th to discuss the coming days and to get to know each other.

Bus

If travelling by coach, please telephone The Sanctuary with your arrival time at least a week prior to your arrival on 1800 777 012 or 07 4088 6064. The Sanctuary Courtesy vehicle can meet you from any Greyhound arrival between 9.00am and 3.00pm. If you are arriving after this time, the Mission Beach taxi (tel: 0429 689 366) can transfer you to Sanctuary at a cost of \$25.00. It's generally advisable to call them beforehand so they can meet you when the coach arrives. To book your bus from Cairns city please go to www.greyhound.com.au or phone on 131499. To book your bus from Cairns airport go to www.missionbeachdunkconnections.com.au or call 07 4059 2709. The cost of the bus is \$47 one way and leaves at 6.45am, 11.30am or 1.55pm (at time of writing).

Self-drive

If travelling by car, you will find a map to direct you to Sanctuary here: <http://www.sanctuaryretreat.com.au/How%20to%20Find%20Sanctuary.pdf> . When you arrive in the carpark, you will notice a shelter with a telephone in it, lift the handset and a 4WD vehicle will come down to transport you and your luggage to Reception. If you just have light things, then the sign that says 'Forest Walk' will lead you via a beautiful rainforest walk to Reception. The distance is 600m and will take about 10 minutes but please don't attempt it in the dark or if you have heavy luggage. Many car rental agencies operate in both Cairns and Townsville. Sugarland Car Rentals also has a depot in Mission Beach. Tel: 07 4068 8272. The carpark is located 600 metres away from the accommodation and Reception. On check-in and check-out we'll transport you and your luggage in our 4WD to Reception and vice-versa. Otherwise, the forest walk will take you to and from your car. It takes about 10 minutes.

What's in Mission Beach?



Walks

There are many beautiful walks and National Park trails in the area. Walking track maps of the whole Mission Beach area are available at reception for 40c, while the Getting Around in Mission Beach information displayed near the entrance explains all of the walks close to Sanctuary.

Snorkelling and Diving

Snorkeling and diving on the Great Barrier Reef is just over an hours boat ride. There are four operators in Mission Beach and prices start as low as \$78. Reception will be able to advise on the trip most appropriate for your requirements. Mission Beach is one of the closest mainland points to the Great Barrier Reef. All trips offer a complementary pick-up and drop-off to the Sanctuary carpark.



White Water Rafting

White Water Rafting on the grade 4 Tully River is a refreshing and exciting way to see the stunning Tully Gorge. There are three tour operators.

Sea Kayaking

Sea Kayaking is a great way to visit Dunk Island. Enjoy an hour and a half paddle, snorkel and picnic on the island's quiet Coconut Beach, then allow one of the friendly guides to take you on an interpretive walk through the rainforest before you paddle back. See bottom photo on left.

Dunk Island

Visit Dunk Island, a National Park with island style coves and bays, fringing reef and walking trails, just 3 kms from Mission Beach. The Dunk Island Ferry departs Clump Point Jetty daily at 8.30 am and 10.15 am and departs Dunk Island at 4pm. See photo of their pool on the left.

Sky Dive

Sky Dive and land on the beach. Experience free-fall and parachuting with stunning ocean and beach views, spot turtles and jumping fish and rays.

Crocodile Spotting

Crocodile Spotting, a true Australian style trip. Take a boat up the Hull river from sunset, enjoy a light bbq meal on the boat while spotting crocodiles and other creatures of the night.



HOPE TO
SEE YOU
THERE!



International House of Reiki

PO BOX 9 Glebe 2037
Phone 1800 000 997

Refund Policy

Refunds are only given if a course is altered or cancelled by the International House of Reiki. We do not accept responsibility for changes in students' personal circumstances and reserve the right to alter/cancel any of the available courses. If there is reasonable cause, students may move their courses forward to a new date after booking and paying for a course. In the case of this retreat the International House of Reiki must be notified of cancellation 30 days prior to the retreat or Shinpiden course or the student's course payment will be forfeited. If the International House of Reiki cancels the Retreat or Shinpiden Course students will be refunded their monies. The International House of Reiki is not responsible for covering the students' transportation costs under any circumstances.

* Not included in the costs of this Retreat or Shinpiden Course are meals or transportation to the Sanctuary Retreat. A restaurant and a communal kitchen for cooking your own meals are available at the Retreat.

† The International House of Reiki reserves the right to decline enrolments where it sees fit. In such a case any payments received will be returned to the interested party